

# Using your Senior Nutrition Coupons at Northwest Arkansas Farmers' Markets

## Before you go...

- Sign up to receive \$50 in Farmers' Market Nutrition Program Coupons. Call the Office of Human Concern to find a signup location in your area: 479-636-7301.
- Locate a participating farmers' market in your area. See the back of this paper for a list of markets. Call the market manager for open days and times.

## On Market Day...

- Bring your coupon booklet with you.
- Bring cash if you would like to purchase processed food, crafts, meats, eggs or other products not listed on the back of your coupon booklet.
- Look for vendors displaying the green sign "We Accept Senior Farmers' Market Nutrition Coupons," these are the only vendors accepting the coupons.
- Pick out your produce. You can use your coupons to buy most whole, unprocessed produce at farmers' markets. If you're unsure, ask the vendor or check the back cover of your coupon booklet.
- You cannot receive cash or credit for unused portions of your coupon. You may mix different types of produce to reach \$5.00. For example, you may buy \$3.00 worth of tomatoes and \$2.00 worth of carrots from a vendor and pay with a single coupon. Many vendors will also divide large amounts of produce to help you reach \$5.00 worth.
- Sign on "Participant's Signature" line and give the coupon to vendor.
- Use as many or as few of your coupons as you wish in a visit to the market, but all coupons must be used by October 25, 2010.
- Try new produce that is affordable and in season. Ask vendors about easy recipes and ways to prepare new foods. They'll be happy to share their ideas!
- You may send someone to purchase your produce for you. Sign the coupon and complete the "Authorized Proxy" form to allow your representative to use your coupons. Your representative will also have to sign the coupon.

**More questions? Contact the Office of Human Concern at 479-636-7301**

# Northwest Arkansas Farmers' Markets

## Participating in the Senior Nutrition Program

Look for the green "We Accept Senior Farmers' Market Coupons" at these markets

<p style="text-align: center;"><b>Fayetteville Square</b> #1 W Center, Fayetteville Tuesdays: 7am-1pm      Thursdays: 7am-1pm Saturdays: 7-2pm <b>Peggy Maringer 479-236-2910</b></p>	<p style="text-align: center;"><b>Botanical Garden of the Ozarks</b> 4703 N Crossover Rd, Fayetteville Sundays: 9am-2pm <b>Peggy Maringer 479-236-2910</b></p>
<p style="text-align: center;"><b>Farmington, City Hall</b> 354 W. Main, Farmington Saturdays: 7am-1pm <b>Peggy Maringer 479-236-2910</b></p>	<p style="text-align: center;"><b>Fayetteville Mill District</b> MLK Blvd. &amp; S. School St., Fayetteville Thursday, 4pm-7pm <b>Peggy Maringer 479-236-2910</b></p>
<p style="text-align: center;"><b>Gravette Farmers' Market</b> Old Town Park Saturdays: 8:00-12:00 <b>Allyson Ransom 479-787-5757 x 11</b></p>	<p style="text-align: center;"><b>Madison County Farmers' Market</b> On the Square, Downtown Huntsville Tuesdays: 7am-12pm      Saturdays: 7 am-12 pm <b>Linda McCoy 479-677-2300</b></p>
<p style="text-align: center;"><b>Siloam Springs Farmers' Market</b> City Park Corner of University &amp; Mt. Olive Streets Tuesdays: 8 am-1pm      Thursdays: 8 am-1pm <b>Andrea Linke 479-524-4556</b></p>	<p style="text-align: center;"><b>West Fork Garden Market</b> Downtown on Highway 170 Sat: 7am-1pm      Weds: June - Aug: 3-6 pm Mondays, July-August 3-6 <b>Frances Hime 479-225-1611</b></p>
<p style="text-align: center;"><b>Eureka Springs Farmers' Market</b> Hwy 62, Across from Hart's Market Tuesdays: 7:00-12:00      Thursdays: 7:00-12:00 <b>Kate Ambach 508-667-7017</b></p>	<p style="text-align: center;"><b>Rogers Farmers' Market</b> Corner of Arkansas and Elm, East of Frisco Park Wed: 7am-1pm      Sat: 7am-1pm <b>Kimberly Smith 479-246-8383</b></p>
<p style="text-align: center;"><b>Downtown Bentonville Farmers' Market</b> On the Square Sat: 7:00-1:00      Wed evenings <b>Laura McDonald 479-254-0254</b></p>	<p style="text-align: center;"><b>Springdale Farmers' Market</b> Memorial Walk at the Jones Center for Families Tuesdays: 7am-1pm      Thursdays: 7am-1pm Saturdays: 7am-1pm <b>Jim McGuire 479-530-0806</b></p>
<p style="text-align: center;"><b>Berryville Farmers' Market</b> Berryville Public Square Tuesdays 2:00-6:00pm Saturdays: 7:30-12:00 <b>Linda Smith 870-423-4530</b></p>	<p style="text-align: center;"><b>Gentry Farmers' Market</b> In the Pavilion near the Chicken Coop Flea Market 500 East Main Street Wednesdays: 8:00-2:00 Saturdays: 8:00-2:00      Sundays: 10-2 pm <b>Leslie Olson 479-233-2366</b></p>
<p style="text-align: center;"><b>Pea Ridge Farmers' Market</b> Pea Ridge Emergency Services Building 293 South Curtis Thursdays: 3:00-6:00 <b>Kim Smith 479-246-8383</b></p>	<p style="text-align: center;"><b>Green Forest</b> On the Square Wednesdays 7:00-12:00 <b>Brinti Rexwinkle 870-749-2782</b></p>